

The text '10 TIPS' is written in a large, white, bold, sans-serif font. The '10' is significantly larger than the word 'TIPS', which is positioned to its right.

How to create a
dyslexia friendly
environment at
home



Living with dyslexia can pose challenges for both children and their families. However, creating a dyslexia friendly environment at home can support a child's learning and development. Here are ten tips on making your home more suitable for dyslexics.



1

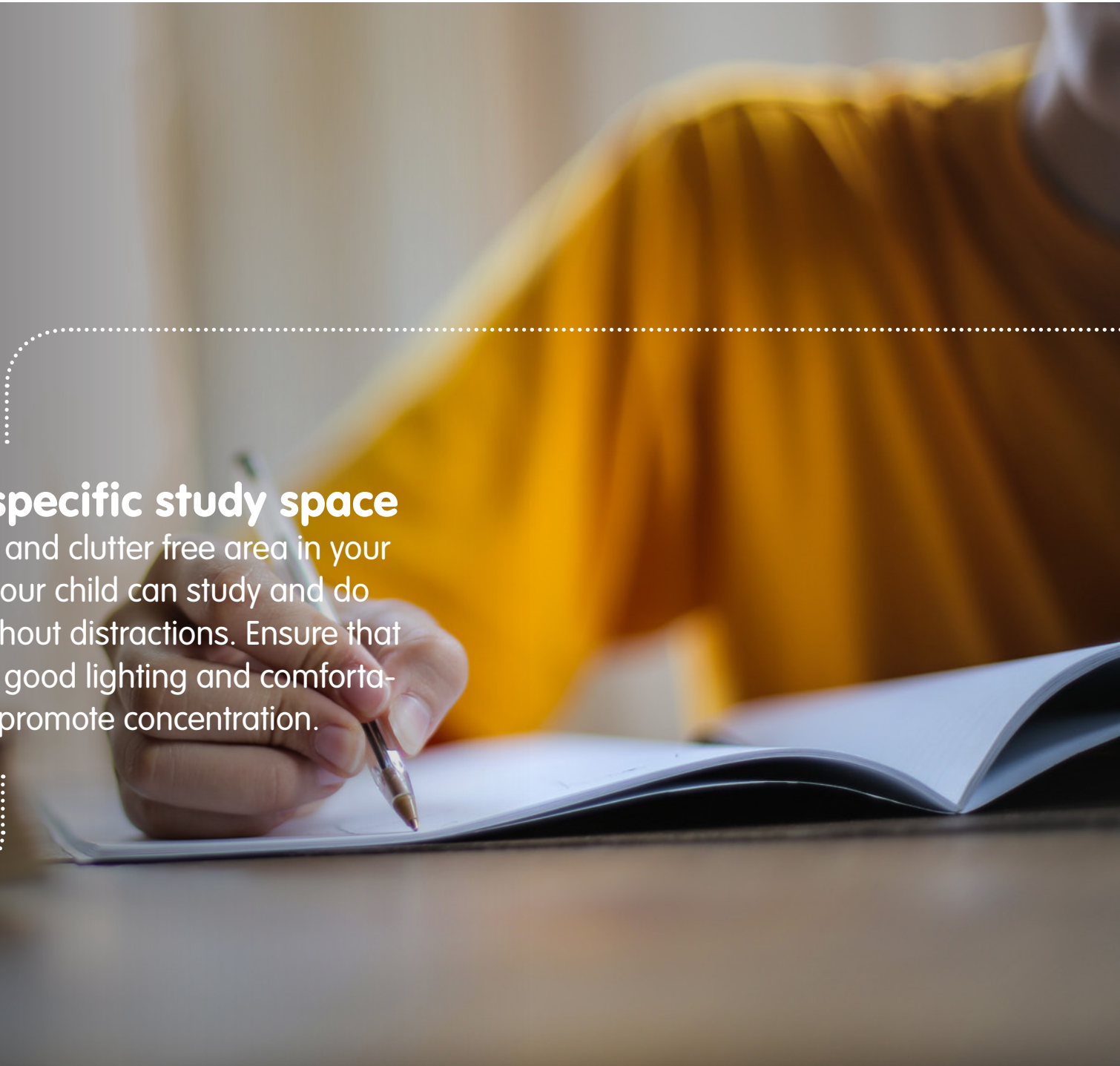
Establish routines

Routines and structure are crucial for dyslexic children to provide stability and reduce anxiety. Establish specific times for homework and reading to help your child feel more confident in their learning environment.

2

Define a specific study space

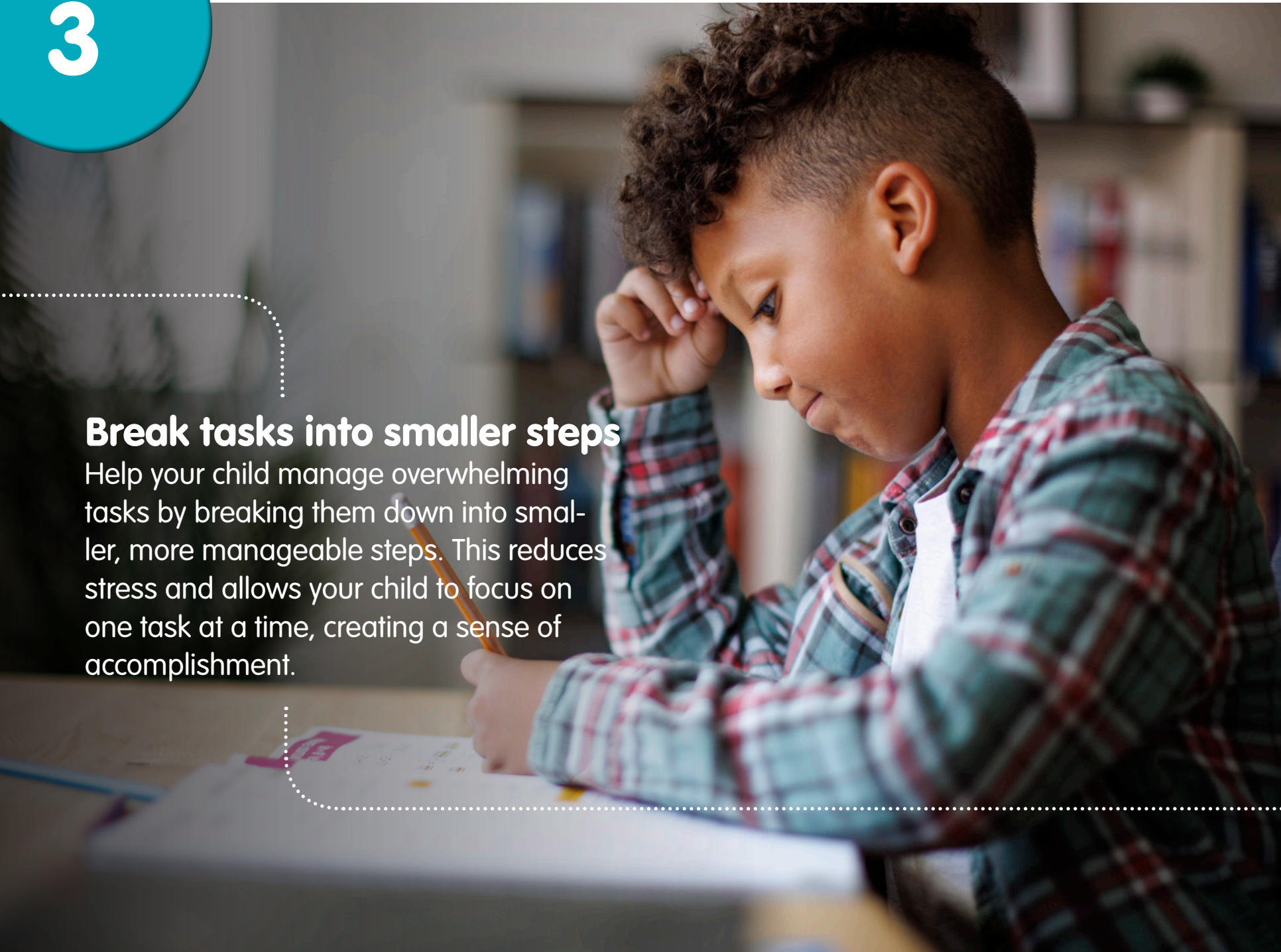
Create a quiet and clutter free area in your home where your child can study and do homework without distractions. Ensure that the space has good lighting and comfortable seating to promote concentration.



3

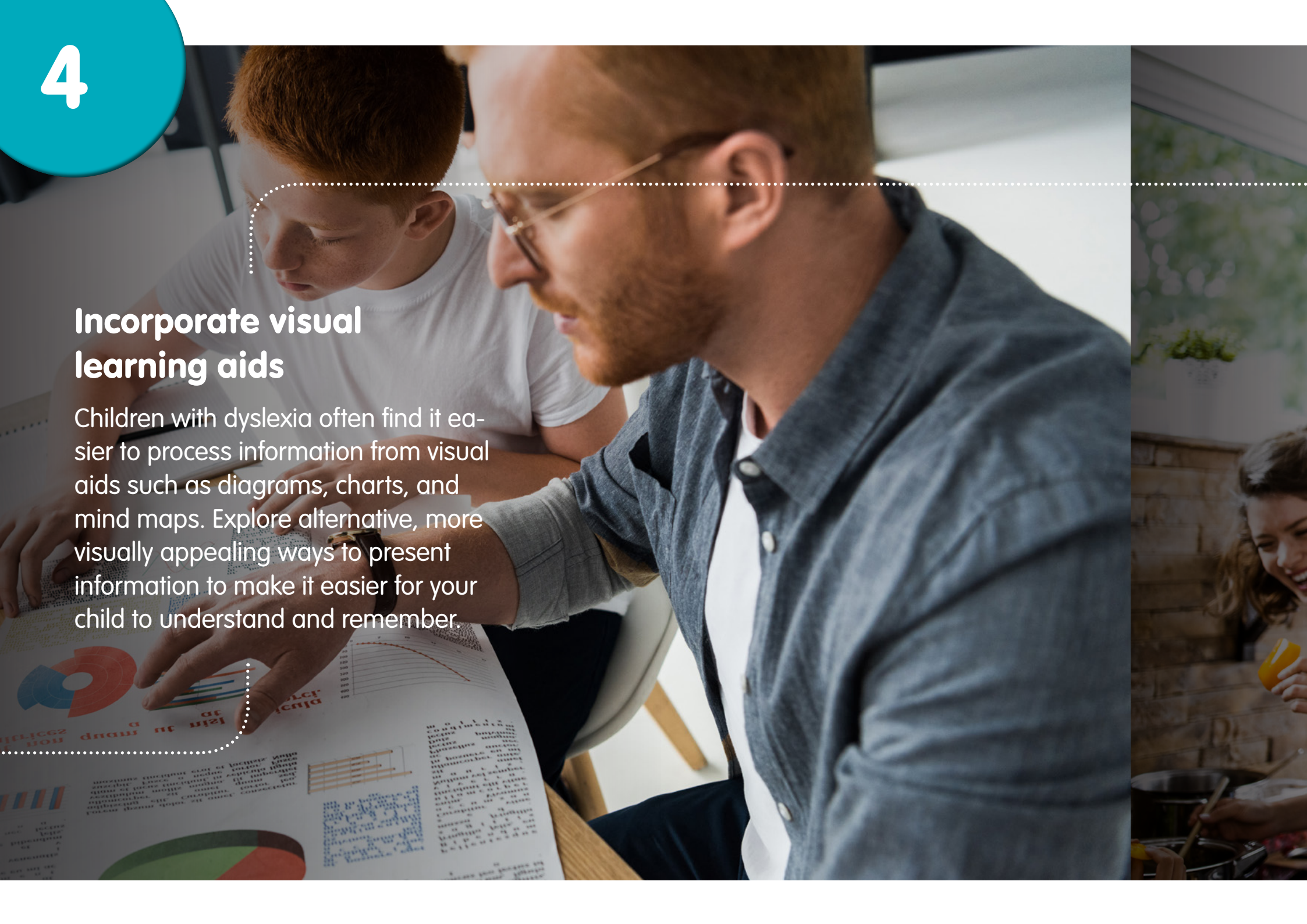
Break tasks into smaller steps

Help your child manage overwhelming tasks by breaking them down into smaller, more manageable steps. This reduces stress and allows your child to focus on one task at a time, creating a sense of accomplishment.



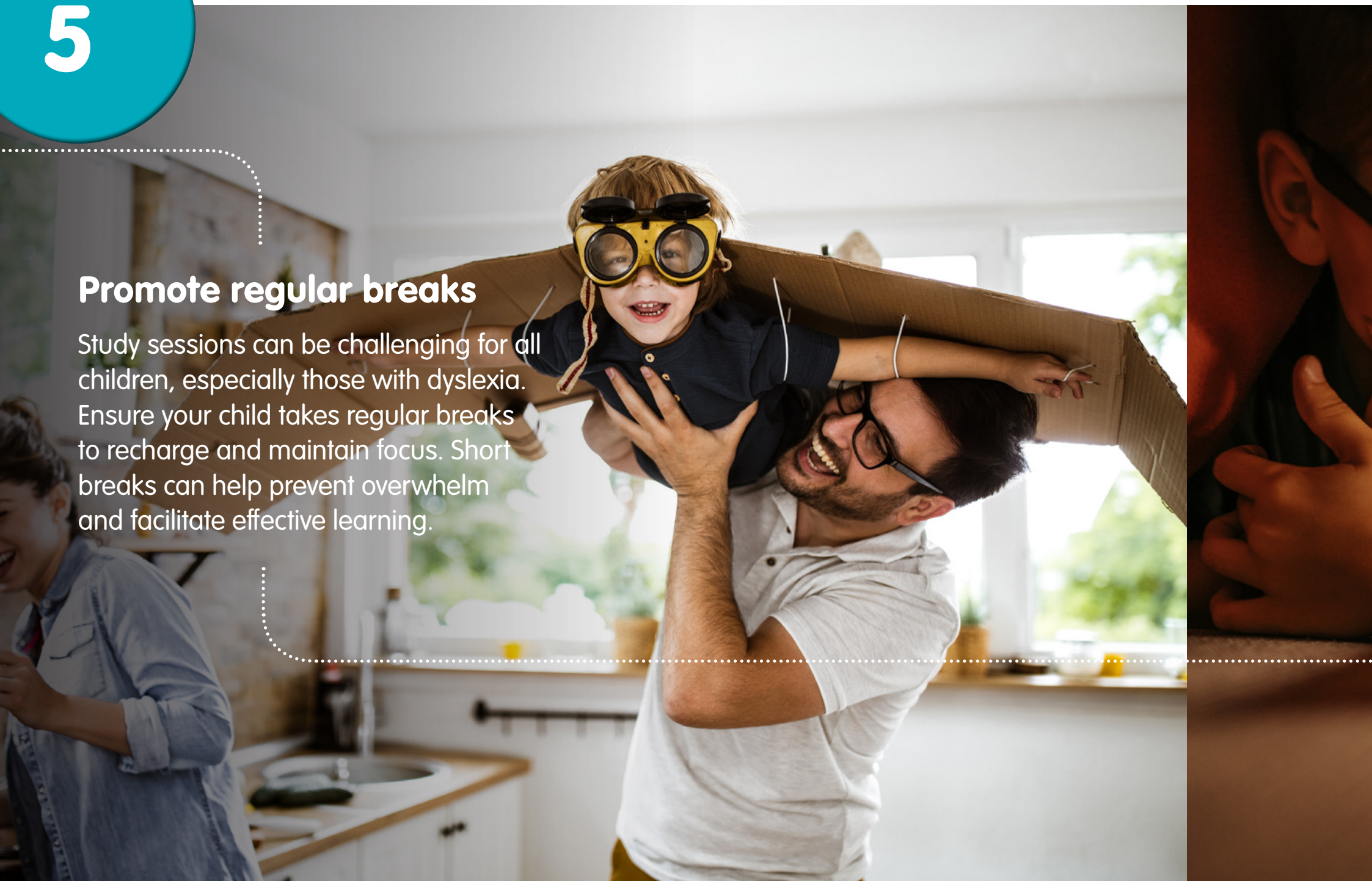
Incorporate visual learning aids

Children with dyslexia often find it easier to process information from visual aids such as diagrams, charts, and mind maps. Explore alternative, more visually appealing ways to present information to make it easier for your child to understand and remember.



Promote regular breaks

Study sessions can be challenging for all children, especially those with dyslexia. Ensure your child takes regular breaks to recharge and maintain focus. Short breaks can help prevent overwhelm and facilitate effective learning.





Encourage reading aloud

Many children with dyslexia feel resistance to reading aloud due to doubts about their abilities. Encourage your child to practice reading aloud regularly and set aside dedicated time to do so together. This routine not only improves fluency and comprehension but also boosts confidence.

Introduce technical tools

In today's modern world, many technological aids can facilitate the learning process for dyslexics. One such tool is a scanning pen, a portable device that allows the child to scan words or sentences they don't understand. The pen then reads the word and explains its meaning.

A young girl with curly hair is sitting on a couch, reading a book. She is smiling and looking down at the pages. The book has a teal cover. The background is softly blurred, showing a living room setting.

Be positive about reading

Children often imitate their parents and enjoy doing things like them. Lead by example and maintain a positive attitude toward reading. Share your reading experiences and participate in activities that foster the joy of reading as a family.

A woman with long dark hair, wearing a light blue shirt, is sitting at a desk and looking at a laptop screen. A young boy with short dark hair, wearing a blue denim jacket, is sitting next to her, also looking at the laptop screen. The background is slightly blurred, showing a desk with some items on it. The overall scene is indoors, likely a home or office setting.

Seek support from others

Being a parent of a dyslexic child can sometimes feel lonely, but you're not alone in facing these challenges. Connect with other parents of dyslexic children and seek support from dyslexia advocacy groups or online forums. Sharing experiences and resources can offer valuable insights and encouragement.



Celebrate progress and effort

Children with dyslexia face numerous challenges and overcoming them is a significant accomplishment. Remember to celebrate your child's progress and efforts – positive reinforcement fosters motivation.



EMPOWERING PEOPLE

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